

THE MANEATER



Final Print Edition of the Student Voice of MU

Tribute content on page 8 | <https://theman eater.com> | Vol. 89 Issue 8 | May 4, 2023

Former Kappa Alpha Theta VP of DEI pushed into ‘survival mode’

Former members of the Alpha Mu executive board shared their opinions regarding what they felt was unchecked discrimination from the chapter, its executives and advisers.

SOPHIA ANDERSON

News Reporter

Content warning: Mentions of racism, discrimination, mental health and weight loss may be distressing to readers.

Olivia Smith, the first and former vice president of diversity, equity and inclusion for the Alpha Mu chapter of the Kappa Alpha Theta sorority, alleges there

is a culture within the sorority that can be unwelcoming to racial diversity. She brought it to Bill Stackman, Vice Chancellor of Student Affairs and Dean of Students, in May 2022, and the Office of Institutional Equity received the report on Sept. 21, 2022.

Smith joined Kappa Alpha Theta Alpha Mu as a freshman in 2020 and became the chapter’s first vice president of diversity, equity and inclusion in fall 2020. During that period, Smith alleged, she encountered racism and insensitivity to her identity as a biracial Black woman.

“I am just a person who’s really passionate about diversity and inclusion ... it’s a big part of who I am,” Smith said. “That was something I wanted to bring to the sorority and I thought I could make a big change.”

The national organization of Kappa Alpha Theta, which has its Alpha Mu chapter at MU, began announcing diversity, equity and inclusion initiatives on its national chapter website in 2020.

A reporter and editor from The Maneater contacted Alpha Mu and the national Kappa Alpha Theta organization for this story via phone, email and inquiry form beginning in October 2022. Neither level of Kappa Alpha Theta responded for comment. The Maneater called Alpha Mu’s president and vice president of administration the evening of this article’s publication to offer a last chance for comment. The president declined to comment. The VPA did not answer and did not respond to the voicemail left.

Molly Shumard, former Kappa Alpha Theta VP of Administration (2020) and chapter president (2021) while Smith held the VP of DEI position, shared her opinion regarding Smith’s experience.

“I know that Olivia encountered discrimination throughout her entire term as an officer,” Shumard wrote in an email to The Maneater. “Unfortunately, due to my privileges and biases, I was not able to recognize this until the fall 2021 semester during work week and recruitment when Olivia was put in multiple unfair and harmful situations ... The racism and manipulation Olivia experienced was absolutely appalling.”

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Hundreds gather in remembrance of Phi Mu member Kennedy Carter

Students and community members filled Traditions Plaza on April 24 to honor the life of pre-nursing student Kennedy Carter.

SAM BARRETT

News Reporter

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PHOTO BY HANNAH SCHUH

Author Ann Dávila Cardinal discusses horror literature in Unbound Book Festival panel

Horror fans heard ways the genre exposes truth about our world.

AUDREY NORQUEST

MOVE Reporter

[Continue Unbound Horror on page 7](#)



PHOTO BY MICHAEL BANIEWICZ

St. Louis judge extends block on regulation restricting gender-affirming care until May 15

The emergency regulation would limit access to gender-affirming care for patients of all ages, announced amid attempts in the General Assembly to impose similar restrictions on minors.

SHANE LAGESSE

News Reporter

St. Louis County Circuit Judge Ellen Ribaudo extended a temporary block on an emergency regulation restricting access to gender-affirming care on Monday. The hold will block the regulation until at least May 15.

Ribaudo initially blocked the rule last Wednesday, hours before it was set to come into effect.

The regulation, announced by Missouri Attorney General Andrew Bailey on April 23, restricts access to affirming

health care such as puberty blockers and gender transition surgery. The regulation was originally scheduled to take effect last Thursday and expire on Feb. 6, 2024.

Ribaudo made the ruling on Monday after the American Civil Liberties Union of Missouri, Lambda Legal and Bryan Cave Leighton Paisner filed suit in St. Louis against Bailey’s authority to issue such a regulation.

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REVIEW: The best slice of Columbia

Looking for the perfect pie? There’s a clear winning slice across the seven pizzerias in Columbia

KENNEDY THOMAS

MOVE Reporter

[Continue Best Slice on page 6](#)

REVIEW: Sub Shop serves students a memento of the classic college experience

With a clear dedication to quality and vinyl plastering its walls, the four-decade-old shop brings a bustling college town back to its roots.

ALEX GOLDSTEIN

MOVE Reporter

[Continue Sub Shop on page 10](#)

Letter from the Editor: The Maneater says goodbye to the print edition

After 68 years as a printed publication, this is The Maneater’s last regular print edition, turning toward a digitally focused future of innovation and growth.

ANNA COLLETTA

Editor-in-Chief

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THETA DEI

Smith’s sorority sister, current senior Abby Still, said she resigned her position at Kappa Alpha Theta two weeks before Smith did, citing similar concerns as Smith as her reasons for resigning.

Still said she was concerned with the responses of the alumni advisers and administrators involved in Kappa Alpha Theta.

All of Kappa Alpha Theta’s chapters, including Alpha Mu, include an advisory board made up of alumni volunteers. According to the organization’s website, alumni board members are volunteers and are only required to have been Kappa Alpha Theta members at any time to be considered. Current alumni advisers are not publicly listed on the Alpha Mu chapter or national Kappa Alpha Theta websites.

“They were not supportive in things that we were trying to implement, specifically in terms of DEI,” Still said.

Smith said some Alpha Mu members’ indirect comments made her feel uncomfortable and unwelcome, and some advisers dismissed some of her DEI initiatives.

Both Smith and Shumard alleged that many of the instances that made them feel uncomfortable occurred in one-on-one interactions between them and leadership. The Kappa Alpha Theta Constitution states, “business of a personal or private nature transacted at conventions or in chapter meetings shall be secret to members of the Fraternity.”

“These meetings were ‘confidential meetings’ as outlined by the Kappa Alpha Theta [Constitution], and speaking of the happenings of these meetings could result in consequences,” Shumard said. “This led to a lot of feelings of helplessness and fear of retaliation if I were to speak to others about the discrimination that I was witnessing.”

Shumard emailed an alumni adviser in October 2021 saying she would prefer to have executive meetings without alumni advisers, stating, “there are times that we feel like we (the Alpha Mu executive board) are not being heard in our meetings.”

According to Smith, chapter meetings were subsequently altered so that the executive board met without the alumni advisers for half of each meeting.

Smith said she became overwhelmed by her responsibilities and discouraged in her role as VP of DEI. In November 2021, Smith asked to take a leave of absence instead of resigning, because her term was scheduled to finish five weeks later.

“I was just in survival mode,” Smith said. “Now that I’m out of that situation, I realize that that was very damaging to my mental health and my self-esteem and my perception of myself. I had tangible proof it was really bad,” Smith said.

“I lost 18 pounds in four months without trying. My hair was falling out. I had to do an emergency doctor’s appointment over the phone to get prescribed anti-anxiety medicine. And I had to start therapy.”

Sorority administration told Smith that a leave of absence was not an option, for Smith or for any sorority officers.

“You may choose to fulfill your role in full

by participating in all required committees, meetings, events and transitions for the remaining five weeks. Or you can resign from all responsibilities and titles,” Sophie Chambers, an Alpha Mu volunteer alumni adviser, said in an email to Smith. “We want you to do whatever is in your best interest, and we will support you through either choice.”

Smith said she felt she could no longer hold her position and chose to resign.

“I really, really tried to show that this is really bad, and nobody really has seemed to care,” Smith said. “I feel like I was bullied out of my position by adult women for the sake of following the norm.”

After Smith’s resignation, Alpha Mu held a DEI event with a guest speaker that some members found damaging. During this event, which occurred in the spring semester of 2022, Smith alleged that members were asked to identify and correct misconceptions about their racial, ethnic or gender identity. The Kappa Alpha Theta executive board addressed the responses to this event during a chapter meeting on May 2, 2022.

“The presentation from the last chapter ... did not align with Theta’s goal,” the meeting minutes document states. “Jada [Coulombe, 2022 Alpha Mu President] acknowledges that our trust in theta exec has been damaged because it wasn’t screened well and she apologized for her role in not stopping it.”

“We had to stand up in front of (250 people) and explain why our identity matters,” Smith said. “And what we wish people wouldn’t say about us and explain ourselves to a group of majority white women. So that was a very degrading and dehumanizing experience.”

After her resignation and the DEI event, Smith brought her concern to Stackman via email in May 2022. She also shared her letter of resignation with Stackman. Smith and Stackman met to discuss Smith’s concerns

in early June 2022.

Stackman is a mandated reporter, which requires all MU employees to report instances of discrimination or harassment.

According to the university’s mandated reporter policy, “MU employees are Mandated Reporters, required to promptly report the information to the Office of Institutional Equity. The Mandated Report must be made regardless of whether the person reporting the information to the Mandated Reporter requests confidentiality and regardless of how the Mandated Reporter becomes aware of the offensive behavior.”

The Maneater contacted Stackman for comment on Sept. 20, 2022. Kelsey Forqueran, an investigator and the outreach coordinator of the Office of Institutional Equity, told Smith that the OIE received the report on Sept. 21, 2022.

Smith expressed her disappointment in Kappa Alpha Theta’s DEI efforts via a letter she sent to to Kappa Alpha Theta leadership, whom she said she had been in contact with throughout her time in the sorority: Katharine Murphy, Director of Collegiate Services, and Tamika Franklin, a member of Kappa Alpha Theta’s Diversity, Equity and Inclusion Committee.

“I remember in our conversation that Greek Life was not positive for you when we spoke last fall,” Franklin emailed in response. “You are not the only person with concerns.”

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Additionally read and reviewed by The Maneater’s 2022–2023 Data & Investigative Chiefs, Diversity, Equity and Inclusion Chairs, Managing Editor and Editor-in-Chief.

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BLOCK EXTENDED

Ribaudo wrote in a statement that those suing “are at high risk of having their medical care interrupted for an unknown length of time; once the Rule goes into effect, they may lose access to medical care through their current providers until such time as the provider can come into compliance with the Rule’s requirements.”

The regulation requires patients seeking gender-affirming care to undergo a psychiatric evaluation of at least 15 hour-long sessions in no less than 18 months, have expressed “intense patterns of gender dysphoria” for at least three consecutive years and have treated or resolved all other mental health conditions, which the rule describes as “mental health comorbidities.”

“The regulation is necessary due to the skyrocketing number of gender transition

interventions, despite rising concerns in the medical community that these interventions lack clinical evidence of safety or success,” Bailey said in a statement released on the attorney general’s website. The lawsuit argues that Bailey’s claims about the affected health care are unfounded and that the effect of the regulation oversteps his reach as Missouri’s attorney general, particularly by abusing the consumer-protection law to regulate gender-affirming health care.

“The Attorney General’s so-called emergency rule is based on distorted, misleading and debunked claims and ignores the overwhelming body of scientific and medical evidence supporting this care,” Lambda Legal and the ACLU of Missouri said in a joint statement.

The emergency regulation also requires health care providers to disclose information and research findings that detail potential side effects of certain gender-affirming treatments, alongside screening the patient to determine whether they have autism and are not experiencing “social contagion with respect to the patient’s gender identity.”

The case brought against Bailey also accuses him of sidestepping the Missouri legislature, as legislation similar to the regulation currently faces a standstill in the Senate. The regulation was announced on the same day that the Missouri House passed House Bill 419, which would completely ban minors from accessing gender-affirming care, and House Bill 183, which would require middle and high school students to compete in sports based on their assigned sex at birth.

The House bills mirror similar legislation passed recently by the state Senate, but without a termination date for the ban and an exemption for minors already receiving hormone therapy, added to end a democratic filibuster. Neither the House nor Senate bills seem likely to pass into law in their current states.

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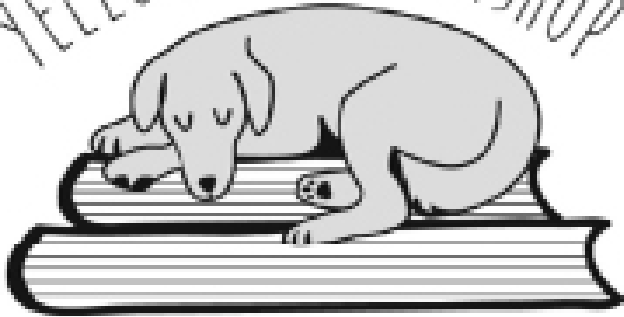
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VIGIL

Students honored MU sophomore Kennedy Carter, who passed away on April 20, at Traditions Plaza on Monday. Kennedy was an active member of her community and campus, and her sorority Phi Mu put on the vigil.

Kennedy was 19 years old, and her family described her as a hardworking student and beloved friend.

“A few weeks ago, Kennedy was accepted into the Sinclair School of Nursing through Mizzou after working what seemed like her whole life to get there,” Carley Carter, Kennedy’s sister and Phi Mu alum said in her speech. “She bought her first stethoscope, which her best friend Brooke will be carrying with her throughout nursing school as a reminder that Kennedy is still with her every step of the way. We graciously thank Brooke for taking Kennedy on this journey that she was also supposed to be on.”

Carley and other members of Kennedy’s family filled the front row at Traditions Plaza and were surrounded by hundreds of students and community members to honor Kennedy’s life.

Many people in attendance wore pink in honor of Kennedy and Phi Mu. As the vigil began, members of Phi Mu handed out programs, candles and ribbons inscribed with “Ken.”

“Each one of you here today is wearing a memorial ribbon. Please wear these white ribbons in memory of our Kennedy,” Lily Herbig, Phi Mu’s current chapter president said.

A table with pink candles, flowers and a collage of photos featuring Kennedy sat on the stage at Traditions Plaza where speakers also addressed the crowd.

Herbig led the vigil starting with a prayer and thanking everyone for attending. She then introduced Carley, who spoke of fond memories, Kennedy’s accomplishments, her friends and how her family and community will remember her.

“Kennedy was a beacon of light in our family. She always had a smile on her face when she wasn’t upset about a game of mini golf or making a decision. She knew how to make everyone laugh,” Carley said. “She loved her sherpa jacket, her puppies at home, and most of all, every single person in her very large family. She will be deeply missed by everyone she met along this path of life but we know she is wrapped in such love and grace up in heaven. We love our forever angel.”

Carley recited a Bible passage and thanked everyone for attending before passing it back over to Herbig to give a tribute.

“A lovely and precious flower from our garden, Kennedy Grace Carter, has been gathered by God for his heavenly garden. She will be missed here but we know that her beauty is not dead, it will live on forever,” Herbig said. “In loving tribute to our sister, Kennedy Grace Carter, we place



PHOTO BY HANNAH SCHUH

this rose colored carnation with these pure white ones as a symbol of her union with those sisters who have passed on.”

Attendees then stood and joined to sing “Linger,” a song about difficult goodbyes. Herbig led another prayer before attendees sang the Phi Mu benediction song.

The vigil ended with a moment of silence and time for loved ones, students and community members to share in honoring Kennedy’s memory.

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MU community members volunteer at Caring for Columbia

Nearly 400 members of the MU community gathered to help locals at the annual day of service.

PAIGE GERLING
News Reporter

Volunteers piled into Brewer Fieldhouse at MizzouRec on April 15 to participate in MU’s largest student-run annual day of service: Caring for Columbia.

The event was relocated from Kuhlman Court due to inclement weather. Check-in started at 8 a.m. and Columbia Mayor Barbara Buffaloe and MU senior Rachel Sacharin, executive director of Caring for Columbia, both gave speeches to the volunteers.

Buffaloe thanked the nearly 400 volunteers for their service and encouraged them to meet new people as they served in the Columbia community.

According to Sacharin, Caring for Columbia started at the university in 2001 as a service program. Caring for Columbia is composed of six executive board members as well as a steering committee of 20 to 25 people.

“We bring together people from across campus,” Sacharin said. “[We] unite them under one cause of giving back and saying thank you to this community.”

Volunteers served at 26 businesses and 33 homes across town, helping with various tasks.

Senior Gabriela Ionita and junior Alexa Magee volunteered at a resident’s home, helping them with gardening and yard work. As transfer students, Ionita and Magee joined the Caring for Columbia efforts to both get more involved and learn about the community.

“I’m an international student, so I’m learning about the people here,” Ionita said. “You can have a good connection with [them], or you can just help them in what they need.”



PHOTO BY ERICA LITTLE

Junior Noel Spatola is a member of the Caring for Columbia Steering Committee, the group responsible for planning for the event. Spatola serves on the projects committee, and reaches out to local community organizations and businesses to register them for the day of service.

“It’s really important to give back and to acknowledge all that the community has done for us and the safe space that they’ve

created for us to work and live and study here,” Spatola said. “That’s what I think it’s all about.”

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Copy edited by Matt Guzman and Lauren Courtney

MU College of Engineering students bring century-old publication ‘The Shamrock’ back

MU engineering students have brought back “The Shamrock,” a now-digital publication focused on the College of Engineering.

SHANE LAGESSE & ZACHARY AKESON
News Reporters

Students in the MU College of Engineering recently resurrected “The Shamrock” – a century-old MU publication – in a digital format. Originally an annual pamphlet-style guide for the college’s Engineering Week, the publication is now an engineering-focused digital magazine.

Since its inception in 1906, “The Shamrock” has been folded and reopened

several times. After rediscovering old issues from the State Historical Society of Missouri, Jasper Holland, the current Shamrock president, decided to revive the publication. Holland now works with fellow computer science students to produce each edition.

“Over the years, it’s been sort of on and off and changed in format a lot,” Holland said. “It evolved into more of an engineering yearbook at one point and then from there into more of an informative magazine about just general engineering related news.”

In its newest iteration, “The Shamrock” highlights research projects and events within the MU College of Engineering. Sam Hirner, a Shamrock writer and MU freshman, said that the publication’s

different past formats allow writers more freedom when reporting today.

““The Shamrock’ has come and gone, and so I think it’s allowed us to just be very free to contribute however we can,” Hirner said.

Holland and other students spent most of the fall semester onboarding new staff and deciding upon “The Shamrock’s” new direction. He said it was difficult to navigate production and training staff members who had minimal journalistic experience. Despite these obstacles, Holland said the team hopes to continue to expand and improve the publication.

“One thing that we’ve discussed is potentially, next year, especially looking at publishing articles more rapidly — but separated, rather than condensing them

all into a full issue,” Holland said. “That’s something that we’ve explored...trying to leverage more of the digital format to do non printable media, more interactive things.”

While “The Shamrock” is still in its infancy, Hirner said he is excited to grow the publication while continuing a longstanding engineering tradition at MU.

“The great thing about this is in the end, we’re all engineers. None of us are journalists,” Hirner said. “This is something fun. We get to do something maybe a little silly, maybe a little serious. But we get to get our voice out there and get the College of Engineering student

Edited by Zoe Homan,
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MU students rally for fossil fuel divestment

Climate Leaders at Mizzou organized a climate strike in Speakers Circle, advocating for transparency and urging MU to move its investments out of the fossil fuel industry.

BRIANA IORDAN
News Reporter

Climate Leaders at Mizzou, a student organization dedicated to environmental conservation, held a climate strike for divestment in Speakers Circle from noon to 2 p.m. on April 21. Divesting from fossil fuels involves moving money and investments out of the fossil fuel industry to demonstrate a commitment to sustainable finance practices.

CLAM was joined by speakers from the MU Chapter of the Young Democratic Socialists of America, Medical Students for a Sustainable Future, Peaceworks, League of Women Voters and the Sierra Club.

The organizers of the strike gave three demands for MU: fully divest and “freeze any new investments in the 200 largest publicly traded fossil fuel companies” within five years, “commit to transparency about the university’s endowment investments” and “create a Responsible Investments Committee” including undergraduates, graduates and faculty to guide the university’s future investments.

Traditional energy sources include fossil fuels like petroleum and coal, which are nonrenewable energy sources. Renewable and sustainable energy sources include solar and wind power and are usually less harmful to the environment to harness.

According to MU News Bureau Director Christian Basi, MU currently has about \$10 million invested in companies that invest in some traditional energy technologies. Basi noted that these companies may not exclusively invest in traditional energy and may also invest in renewable energy. Basi also said the university has about \$11 million invested in companies that invest in renewable and sustainable energy. According to Basi, these combined investments account for approximately 1% of MU’s total investments.

Ella Reichard, MU junior and CLAM Vice President, grew up learning about the connection between humans and nature from her grandmother, a conservation agent and herbalist. After taking an activism class, Reichard was inspired to get this divestment campaign up and running. CLAM is looking to obtain around 500 signatures for its divestment petition.

“A lot of universities have divested already and it’s kind of pushing other universities to follow,” Reichard said. “It’s not just about divesting from the university, but divesting as a whole.”

The climate strike began with a rally at noon. Students lined the steps of Speakers Circle, holding signs reading “Climate action now,” “100% clean energy now,” “Renewable is doable” and “Stop burning my future.” Speakers stood in the center of Speakers Circle, addressing the crowd with a bullhorn.

The Sierra Club, a grassroots environmental organization, set up a table at the strike.

Carolyn Amparan, the organization’s executive committee chair, spoke at the rally.

“Right now, our country, and the world, is still investing in fossil fuel infrastructure,” Amparan said. “In order to stop that, we have to stop giving companies money to build fossil fuel infrastructure. One of the ways to do that is not reward them by buying their stock ... that’s how divestment works. It sends a clear message that we don’t want fossil fuel infrastructure, either new or old.”

Basi said another important aspect to consider, along with investments, is what MU has done for its own carbon footprint.

“Since 2006, we have cut our coal consumption by 97%,” Basi said. “Coal is now down to less than 5% of the fuel that we use. We use much more sustainable cleaner fuels. Forty percent of the fuel comes from biomass, solar or wind power.”

According to Basi, many traditional energy companies have millions of dollars invested in renewable energies, so divesting from these companies could remove some money going toward sustainable technologies. Basi also said MU invests in energy markets, not individual companies, so it is difficult to know which specific companies the university is investing in as they can change on a regular basis.

“It’s not a simple cut and dry situation,” Basi said. “We feel like we’re being very responsible with the money that we have been entrusted with, as well as making sure that we are doing the best to reduce our own carbon footprint.”

During the rally, MU YDSA member Logan Carter led several chants.

“There’s no planet B,” Carter said. “We believe that, by divesting from fossil fuels, we can help to have a better planet, but also do it in a way that is local and impactful.”

MU sophomore Emma Borage attended the climate strike and decided to speak at the rally during the open mic.

“Climate change is something that I’ve been passionate about for a long time,” Borage said. “It’s an issue that affects everyone, and it’s an issue that’s not going to end.”

The strike also attracted members of the Columbia community, such as December Harmon, who is running for U.S. Senate in 2024.

“I believe that we failed to do everything we could to try to set up a better future,” Harmon said. “I want to do everything in my power to try to fix that.”

A march for divestment started about an hour and a half after the rally began. Chants echoed along the streets as a group of about 20 people circled the Student Center, marched past Memorial Union and walked around Jesse Hall before ending in Speakers Circle.

“We’re already experiencing the impacts of climate change,” Amparan said. “The best antidote for being anxious about the future and what might happen is to take action.”

Edited by Annie Goldman, agoldman@theman eater.com
Copy edited by Mary Philip

Photo Story: MU climate activists demand change in university’s spending

Climate Leaders at Mizzou, YDSA members and various students gathered at Speakers Circle to protest the University of Missouri investing money into fossil fuel companies.

LILY BURGER
Photographer



1. Caden Gold and Keira Howard present their signs during the Climate Strike at Speakers Circle in Columbia, MO on April 21, 2023.

2. Members of the Columbia community and student activists help set up banners in anticipation for the strike at Speakers Circle in Columbia, MO on April 21, 2023.



3. Sierra Club chairperson, Carolyn Amparan, shows off her “Beyond Coal” t-shirt in Columbia, MO on April 21, 2023. Sierra Club is a volunteer-led club that has been promoting environmental rights for around 100 years. During her speech, Amparan called for the environmental movement to “go viral” and encouraged young people to spread the word about the imminent environmental crisis we are facing.



6. Members of CLAM and YDSA write chalk announcements all over Speakers Circle reminding everyone about the importance of protecting the environment in Columbia, MO on April 21, 2023.

4. MU students and protestors from YDSA and CLAM walk through Lowry Mall to encourage the University of Missouri to divest money from fossil fuel companies in Columbia, MO on April 21, 2023. MidMissouri Peaceworks Director Mark Haim, in addition to holding up the climate banners, gave a speech telling students that they “deserve a future.”

5. Climate Leaders at MU invited various community members from Columbia, like Mark Haim, to give speeches to commemorate the Climate Strike in Columbia, MO on April 21, 2023. MidMissouri Peaceworks Director Mark Haim, in addition to holding up the climate banners, gave a speech telling students that they “deserve a future.”



7. A student who attended the strike signs CLAM’s petition to MU to divest money from fossil fuel companies at Speakers’ Circle in Columbia, MO on April 21, 2023. The goal of the strike was to get 500 people to sign the petition. Many other universities around the country have divested funds from fossil fuel companies and CLAM hopes MU will follow suit.

8. Ella Reichard, Vice President of CLAM, marches with a “Planet over Profit” sign around Francis Quadrangle in Columbia, MO on April 21, 2023. Reichard wanted to be sure the protestors’ voices were raising awareness for the current climate crisis on campus saying, “If nobody’s listening, we’re not going to change the politics.”



Four Ukrainian students share memories, give advice about the Russia-Ukraine War

On April 13, four Ukrainian students held a symposium at MU’s Leadership Auditorium to share their perspective about Ukraine’s conflict with Russia over the last century.

JAY MOTIWALA
News Reporter

In the early stages of the Russia-Ukraine war, MU sophomore Alina Rohulia hid in her basement as Russian forces rained down bombs and spread gunfire near the Russian border. MU senior Nadiia Salakh’s mother was attending a large protest in her home city of Kakhova when Russian military soldiers opened fire. MU sophomore Vladyslav (Vlad) Sazhen’s father marched in protests that led to violence instigated by Russian soldiers. MU senior Alissa Skorik fears Russia will never stop trying to influence Ukraine.

On April 13, these four students held a symposium in MU’s Leadership Auditorium to correct disinformation about the Russia-Ukraine War and inform the Columbia community about their experiences in Ukraine.

“We intend to share the history as our ancestors told us,” Sazhen said.

The event was open for all to attend, and students and Columbia locals attended to learn more about the ongoing Russia-Ukraine war. There were about 20-25 audience members at the presentation. At the entrance, there was a large trifold poster board giving information about Ukraine, including fun facts about its

culture, famous foods, government structure and more.

Once the event started, Skorik, Sazhen, and Salakh explained that they would present facts about the tumultuous relationship between Ukraine and Russia in chronological order, starting in the 1930s. After that, they would have a Q&A section where anyone from the audience could ask the students questions. They reiterated that the goal of this symposium was to combat disinformation spread by Russian sympathists about the conflict between the two countries.

Skorik delivered a presentation about the Holodomor — a period from 1932-1933 in which the Soviet Union and Joseph Stalin targeted Ukrainian culture by releasing a man-made famine as a response to emerging Ukrainian national identity. Villages that could not meet Russia’s grain quota were blacklisted from obtaining food. Additionally, home raids were conducted and if any extra grain was found, Russian soldiers would destroy it and either send them to Russian prison, leave them with no housing or food, or physically torture them.

Next, Sazhen discussed the Revolution of Dignity, a movement protesting against President Viktor Yanukovich, who chose not to sign an agreement that would have integrated the country more closely with the European Union. The protests ran from December 2013 to February 2014 and Sazhen’s father attended some of them. In 2013, many students protested and were beaten by the Russian military.

According to Sazhen, this caused more people to protest, and he remembers his

father telling him that, ‘we won’t let some creeps touch our kids.’

“When people have their own identity, they are more likely to rebel,” Skorik said.

Following the protests, President Yanukovich — a Russian loyalist — fled Ukraine.

Russia launched their full-scale attack on Ukraine on February 24, 2022. Salakh was in the United States when the invasion commenced, and the war began on her birthday. After the Russian government tried to influence Ukraine through cultural changes, starvation and political manipulation, it launched an invasion.

“I was still at home when [the invasion] started,” Rohulia said. “I literally woke up that day from my father coming into my room screaming, ‘Get up, get dressed, they are here.’”

The four students have been staying in the United States for their safety.

“It was a very surreal experience to come from a country in a state of war to this place,” Rohulia said.

The students shared the presentations to combat false information about the war. According to Sazhen, disinformation has been spread in past events held at MU.

On December 6, 2022, author Nicholas Davies was invited to speak at MU’s Memorial Union. According to the Columbia Tribune, several Ukrainian students attended the presentation, including Sazhen, and were outraged, labeling it as

Russian propaganda.

According to Sazhen, Davies questioned the veracity of several events that have been confirmed by independent organizations.

“I specifically mentioned the ruling of the Court of Netherlands as to which Russia is responsible for the destruction of the MH17 flight plane,” Sazhen wrote in an email after the symposium. “He said it was questionable, which is ridiculous.”

Before the Russia-Ukraine war, Russian forces invaded the breakaway republics of Donetsk and Luhansk, although Davies showed a video claiming that conflict was a civil war and not an invasion.

“When somebody says something that is not true, speak up,” Salakh urged the audience.

Despite a century of attacks against Ukraine, the students have not lost hope.

“I have zero doubt Ukrainian soldiers will liberate every part of Ukraine,” Skorik said.

*Edited by Mercy Austin,
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Copy edited by Matt Guzman and
Grace Knight*

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ST. CHARLES
COMMUNITY COLLEGE

Continued from page 1

BEST SLICE

What college campus is complete without its beloved pizzeria? There are many excellent pizza places in Columbia — perhaps too many to choose from! Over the course of a week, I tried seven different Columbia pies to determine which has the highest quality pizza.

Arris’ Pizza
1020 Grn Mdws Rd #102, Columbia, MO 65201

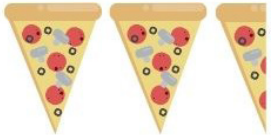
Unique pizza style, unremarkable basics

Arris’ Pizza in outer Columbia is one of four locations in Missouri. What makes Arris’ interesting is that the pizzeria serves a Greek style pizza that is distinct from the other pizzas.

Arris’ pizza is cut thinner, reminiscent of St. Louis-style pizza. Arris’ specialty pizza, aptly dubbed The Arris, does not have many toppings, save for a massive piece of sausage on each slice of pizza. This was an issue for me because the taste of sausage distracted from the rest of the pizza. Further, the proportion of sauce to cheese was overpowering.

This pizza does not have a particularly special cheese or sauce, and the crust is nothing to write home about. There is nothing glaringly wrong with the pizza— unless you dislike a more thin crust— but nothing on the pizza really shines. Compared to other pizzerias I tried, Arris’ smallest pizza is \$14.20, which is far more costly than similarly sized pizzas of better quality.

Arris’: 2.5/5



The Italian Village
1729 W Broadway #13, Columbia, MO 65203

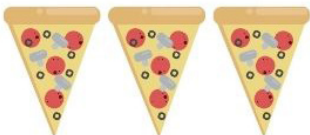
Competing toppings, less-than-crisp crust

The Italian Village pizzeria is a bit farther from bustling downtown Columbia. The shop features a small seating area to make space for the cooking equipment. This location may not have all the bells and whistles of other pizzerias, but it certainly is not to be dismissed.

The specialty pizza that I had was the Supreme Pizza, and it just missed that title of supreme. The sauce and cheese on the pizza is good. On the other hand, the crust is not stellar, being less crisp than the average pizza crust. The Italian Village is generous with its toppings, however, it did not blend well with the rest of the pizza, competing to be the dominating flavor.

The onions and peppers in particular are a hard sell on the Supreme Pizza, as they stand out against the other toppings. The balance of cheese and tomato sauce is quite good and the sauce only slightly overpowers the cheese of the pizza. For the price of \$11.99 you can have the smallest size specialty pizza.

The Italian Village: 3/5



Shakespeare’s Pizza
225 S 9th St, Columbia, MO 65201

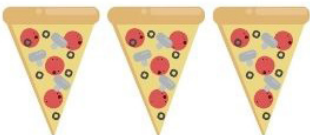
Generous portions, heavy on the cheese.

Shakespeare’s is one of the first locations students may think about. The iconic downtown location has an unmistakable interior with its winding wooden walls and tall booths. Yet, this location is one of three in Columbia.

Enchanted by its local fame, I went into Shakespeare’s expecting a lot from the pizza. I tried slices of both the cheese and pepperoni pizzas. Altogether the pizza is not bad, but the cheese is overwhelming and without enough sauce to counterbalance it.

However, Shakespeare’s slices are by no means horrible. They have a dry crust, which I appreciate, and the size of the shop’s “by the slice” pizza is very generous. The smallest specialty pizza will cost you \$8.05 and an individual slice costs \$4.

Shakespeare’s: 3/5



Wise Guys
7 N 6th St, Columbia, MO 65201

Classic but balanced, reliably simple

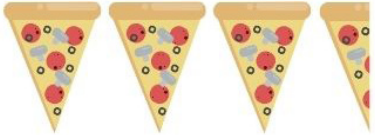
Wise Guys is an elusive pizzeria inside of McNally’s Irish Pub. Also located downtown, Wise Guys’ pizza is basic, but tasty nonetheless. They have a simple selection of pizzas, but one thing that I found interesting was the inclusion of Chicago-style pizza.

I had the specialty Meat Lover’s pizza, which is well-made and delicious. Surprisingly, the cheese pizza is better

than the specialty, with a great balance of cheese and sauce that is rich without being nauseating.

Overall, the pizza is a testament to the idea that a simpler pizza, when made well, is often a great one. The reliable flavor of Wise Guys’ Pizza is well worth the \$6.99 for the establishment’s smallest pizza.

Wise Guys: 3.5/5



Gumby’s Pizza
1201 E Broadway, Columbia, MO 65201

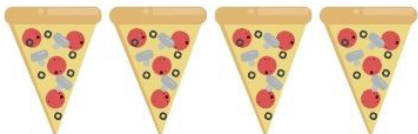
Flavorful favorites at a quirky chain

Gumby’s Pizza has 15 locations around the country that are often on or around university campuses.

The specialty pizza that I tried was the Pesto Chicken pizza, which is fantastic. I was apprehensive of this pizza at first, but after the first few bites, it was clear why the pizza was popular. The toppings, which include feta cheese and red onion, are interesting and well-cooked. They work together to create a harmony of flavor rather than competing with each other.

Gumby’s also has a decent cheese pizza with an excellent cheese to sauce balance. The crust is soft but tough, pairing well with the rest of the pie. At \$10 for the smallest specialty pizza, Gumby’s is more than worth it.

Gumby’s: 4/5



PaPpo’s Pizzeria and Pub
10 W Nifong Blvd, Columbia, MO 65203

High quality toppings, unique slices

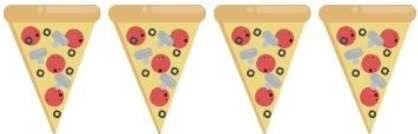
PaPpo’s Pizzeria and Pub is similar to Pizza Tree in its quality pizza, as well as its creativity with specialty slices. PaPpo’s is a location that is an excellent place to have pizza with friends. Two interesting menu items are the Shrimp Scampi pizza and the American Cheeseburger pizza.

The specialty pizza that I tried was the PaPpo’s Deluxe pizza. Though this pizza has many toppings— including pepperoni, sausage, red onions, mushrooms and green peppers—they do not compete for attention. Instead they all work together in harmony to create a delicious pizza experience. As a hater of mushrooms, I was actually surprised to enjoy the mushrooms on this pizza, which is a testament to the power of the toppings.

The cheese to tomato sauce ratio is quite

balanced as well, with a decent amount of tomato sauce and an amount of cheese that is slightly heavy-handed, but still tasty. The smallest deluxe pizza costs \$12.99, which for the amount of toppings that Pappo’s put on the pizzas, is not at all an absurd price.

PaPpo’s: 4/5



Pizza Tree
909 Cherry St, Columbia, MO 65201

Goes beyond expectations, ambitious and successful toppings

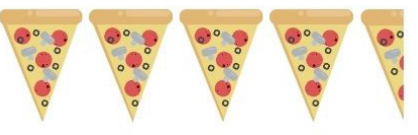
Pizza Tree, conveniently positioned by the ever-popular Harpo’s, has sold pizza through a walk-up window since the beginning of the COVID-19 pandemic. The pizzeria has many unique topping options, including the Mac and Cheese and Fortnite pizzas.

The specialty pizza I had was the popular Jalapeño Papa. For this slice, Pizza Tree drizzles honey over the pizza in a creative twist. The honey offsets both the peppers and pepper jack cheese. When I first tasted the pizza, I was delighted but confused by what I was tasting. It was spicy, but also had an occasional hint of sweetness from the honey.

The addition of honey to the specialty pizza makes it fantastic. The cheese pizza was less exciting than the Jalapeño Papa, but maintained a similarly high quality. Pizza Tree is generous with its cheese and toppings. While the ratio of cheese to sauce was not perfect, it was still fairly balanced. The pizza was particularly greasy, but that did not detract from the flavor in any way. For a price between \$6 and \$7 that is advertised on the front of the shop, Pizza Tree is well worth the price!

The fact that Pizza Tree has the moxie to put honey on its pizza is admirable, and the way that it works so well with the spice of the Jalapeño Papa is miraculous. Meanwhile, the cheese pizza is not the best, but it still stands out as a quality pizza in comparison to other shops. This is not to say that the other pizzerias on this list are subpar, Pizza Tree simply stands above as a creative location that serves high-quality and flavorful pizza.

Pizza Tree: 4.5/5



Edited by Savvy Sleevar
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Copy edited by Sterling Sewell and Lauren Courtney

REVIEW: Locally owned cafe My Sweet Parlor epitomizes Columbia’s homey charm

The recently opened cafe brings delectable desserts and sincere sweetness to downtown Columbia.

SOPHIA ANDERSON
MOVE Reporter

My Sweet Parlor, a locally owned cafe in downtown Columbia, presents a winsome combination of delicious Asian desserts and an equally sweet atmosphere.

The cafe is a spacious, two-story building

with large windows located near the corner of Broadway and Hitt Street. Before making it to the display case of treats, my eyes were drawn to the eclectic variety of decorations. Mismatched chairs and tables rest on a mix of wood and tile. Nearly every surface, including the floor and walls, is covered — from the plush fake grass under some of the tables, to the vines draped over shelves, to the endless vases of flowers and ferns. Flowers, bees, bunnies and the color pink are prominent features of this charming space.

“Apart from the food being great, it’s really well decorated,” employee Joe Feduccia said. “Even if people are hesitant about the food ... I think just checking out the building is pretty cool. We’ve had people come and sit for a few hours upstairs and study.”

While taking in the interior design, customers can enjoy a variety of drinks and snacks.

“That’s why I think we’ve had so much success, because there’s a lot of really unique stuff that people can’t really get at other places in town,” Feduccia said.

Popular options include layered crepe cakes and cheesecake. These items are priced from \$6.50 to \$9.25 a la mode. Additionally, My Sweet Parlor offers customizable sweet or savory crepes that start at \$4.50. For small upcharges, customers can add toppings, fillings and sauces. Their speciality dishes are curry and roti, Khao Soi soup, croissant waffles — aka “croffles” — and spring rolls. There are also various sweet toasts and a shaved ice dessert called bingsu. Available drinks include coffee, tea, smoothies, refreshers and sparkling drinks.

At My Sweet Parlor, presentation is everything, and the charm doesn’t end with the decorations. Their desserts are served on wooden boards and garnished with artistically arranged fruit slices and herbs. Everything is handmade by the owner, Pranalada Chompupong, and decorated by the other employees.

My Sweet Parlor also caters drinks and whole cakes for local events downtown or at MU. Feduccia said they recently received an order for nine gallons of Thai tea.

I tried a slice each of the mango crepe cake and cheesecake. The crepe cake was scrumptious; expertly thin layers of crepe and cream were covered in a tangy mango sauce that countered the sweetness. The cheesecake was thicker and less sweet than what I’m used to, which was a nice surprise. It had a spongy crust with slices of apple, strawberry and blueberry placed on top.

“When I come into work, it’s just me and the owner,” Feduccia said. “I’d much prefer being in a small business because I feel like I’ve really been able to help out more.”

Feduccia shared that he built a glass display case on his first shift. He has also built the patio furniture and hand-lettered the menu and signs. Feduccia’s intimate involvement with the cafe is similar to the customer experience. My Sweet Parlor is an unwaveringly welcoming space, sure to become an integral part of Columbia culture. For customers and employees alike, spending time in My Sweet Parlor is personal.

Edited by Egan Ward
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Copy edited by Sterling Sewell and Mary Philip



Ross Gay and Patrick Rosal host Unbound Book Festival keynote

During the course of the unmoderated conversation, the authors touched on a variety of dynamic topics including friendship, education and masculinity, opening the festival.

STERLING SEWELL
MOVE Reporter

Authors Ross Gay and Patrick Rosal were welcomed as keynote speakers for the 2023 Unbound Book Festival on April 21 at the Missouri Theatre.

Gay has released four poetry books and two essay collections, including “Be Holding,” “Bringing the Shovel Down” and his 2022 book of essays, “Inciting Joy.” The author also works as an English professor at Indiana University Bloomington.

Meanwhile, Rosal has written five total poetry books, including his 2021 collection “The Last Thing: New & Selected Poems,” which won the William Carlos Williams Book Award from the Poetry Society of America. Rosal currently teaches in the English and Communication department at Rutgers University Camden.

Before the authors sat down for their conversation, Alex George, the executive director of the festival, gave a short speech. George discussed the recent vote by the Republican-led Missouri House to cut

all funding for libraries from the state’s annual budget. These cuts are in response to lawsuits launched by the American Civil Liberties Union, the Missouri Association of School Librarians and the Missouri Library Association against a recent Missouri law banning sexually explicit material from schools.

The budget cuts are currently awaiting approval by the Senate. During his speech, George urged the audience to call their state representatives in protest.

Following this speech, Sheri-Marie Harrison, the associate dean of graduate studies and faculty success for the English department at MU, gave her own speech before the authors took the stage, emphasizing the importance of bringing people together in spaces like the festival to share ideas.

Before the conversation, Gay read his essay “Scarecrow the World.” The essay is going to be released in “The Book of More Delights,” a sequel of sorts to Gay’s 2019 “The Book of Delights.” Rosal read his poem “A Town Called Sadness,” which was released in “The Last Thing: New & Selected Poems.”

Rosal and Gay have known each other for roughly 30 years; the authors first met while studying at Sarah Lawrence College. As a result of their friendship, the conversation itself was very casual — full of cursing and jokes.

“On his f***** phone, as usual,” Gay said as Rosal videotaped the crowd. Both men stopped to point and laugh at the curse word transcribed in the speech-to-text display on the screen above them. This comical tone was imbued in the event as there were numerous instances where the audience roared with laughter.

Their discussion began in contemplation of childhood as much of the authors’

work revolves around youth and the observation of youth. The two spoke about the camaraderie they feel with the other boys they grew up with and the societal complications of such relationships as people of color.

“There’s a danger in that,” Rosal said. “That somehow intimacy between young brown and black men poses a kind of a threat to the world.”

In their discussion of youth, the two discussed the intersection of curiosity and masculinity. Gay explained how the two factors can sometimes come into conflict with each other.

“One of the things [limiting curiosity] is a certain kind of being a dude ... The ambition was to be a master,” Gay said. “One of the practices of ‘thinking you’re the man’ is to deny your own need and the fantasy of needlessness.”

The authors later discussed how, in their view, the educational environment is centered on individual achievement rather than collaborative learning.

“The model of the workshop — which is the model of other things — is to be exceptional,” Gay said. “Distinguish one’s self from the others. It’s the school model. It has nothing to do with care, nothing to do with collaboration, nothing to do with community. It has to do with isolating yourself.”

During the speech, Gay and Rosal reflected on several teachers who impacted their writing careers, particularly the late Thomas Lux. The pair actually met in one of Lux’s writing classes at Sarah Lawrence.

“I could never write so many of the poems I write without his ear, his syntax,” Gay said of his former professor Lux.



Ross Gay, left, and Patrick Rosal share a laugh during the keynote for the 2023 Unbound Book Festival at the Missouri Theatre in Columbia, MO on April 21, 2023. Gay and Rosal are both American poets and essayists. PHOTO BY MICHAEL BANIEWICZ

Rosal attributed the phrase, “You have to risk sentimentality in order to get at true sentiment,” to Lux. This phrase came up again and again during the conversation.

In reflection of their friendship, Rosal explained how early in their careers they jokingly plotted to write poems and put them in each other’s books without telling anyone. Gay explained that he’ll sometimes forget whether he or Rosal wrote a specific line.

The authors pointed out that being friends is not someone fulfilling a role in someone else’s life. As they put it, being friends is bearing witness to another person’s growth.

“The blessing is not that [they] will fulfill something in your life that you think intimacy is supposed to fulfill,” Rosal said. “The thing is [they] will turn into something that you would never expect [them] to turn into.”

Edited by Savvy Sleevear
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Copy edited by Sam Barrett and Lauren Courtney

UNBOUND HORROR

Continued from page 1

Sometimes the scariest stories are the ones that occur in our everyday lives. Serial killers, deadly viruses, murder hornets ... Did you know that there’s a rare brain-eating amoeba in some southern United States lakes? Scary. Despite these everyday horrors, some readers prefer to dive deeper into fictional horror stories as a way to confront their fears. As for what inspires pieces of horror literature, the 2023 Unbound Book Festival offered readers the chance to learn from authors familiar with the art of horror writing.

Among the wide variety of workshops, panels and poetry readings at the festival was “The Horror! The Horror!” author panel. A small group of fiction writers were brought together to discuss the ways in which horror stories are reflected in our society.

Although two of the three panelists were unable to attend the event, author Ann

Dávila Cardinal gave the audience various insights into the vast horror genre. Kicking off the event by reading excerpts from two of her books, “The Storyteller’s Death” and “Breakup From Hell,” Cardinal and panel moderator Sheri-Marie Harrison, an associate professor of English at MU, had a lively discussion about Cardinal’s cultural background and what drew her to the horror genre.

“No matter how bad things got, I’d read these horror novels and comics and I’d think, ‘well, okay my life sucks but at least there’s no zombies,’” Cardinal said. “It made me feel like I could handle anything.”

Cardinal’s Puerto Rican heritage greatly influenced her writing, coming from a culture ripe with legends of El Cuco and chupacabras. Cardinal said growing up and hearing these stories gave her the background necessary to know how to create her own. As she did, she began seeing the world a little differently.

“We’re all afraid. [Writing] is a way of

facing [issues] and dealing with them,” Cardinal said. “Horror is just a way of looking at that from the outside, from a sociological perspective.”

When it comes to horror stories, sometimes the ones that scare us the most are the ones that are almost too similar to our own reality. During the discussion, Cardinal expressed the importance of having the horror genre act as a “mirror” that allows us to interpret our lives in a new light.

“When [a work] takes society and shows it back to you in a horrible way, it’s so fascinating. There’s something oddly comforting about it,” Cardinal said. “When things are bad, horror shows people overcoming much worse odds than you and ends up bringing about important discussions.”

The panel finished with an audience Q&A, and many attendees shared their own thoughts about the horror genre and how it affects their lives. A common experience felt throughout the audience was horror’s ability to help us learn more about ourselves, especially our coping skills and emotional responses to much darker situations.

While there’s almost no chance of a zombie apocalypse occurring anytime soon, and you rarely hear stories about a possessed doll in the news, people consume horror stories to give them a new outlook on the reality we live in. After all, if you can read about a toxic fungi taking over the world, then your upcoming finals might not seem so daunting. These stories just give us perspective on the catastrophes that have not happened ... yet.

Edited by Savvy Sleevear
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Copy edited by Sam Barrett and Lauren Courtney

Ross Gay tells a story of gratitude with “Be Holding” at Unbound Book Festival

“Be Holding” tells a story of human connections and gratitude, and Ross Gay shared this journey with the audience at the 2023 Unbound Book Festival.

GRETA FRYMIRE
MOVE Reporter

Poet Ross Gay read his long-form work, “Be Holding” for an audience at Serendipity Salon as part of Columbia’s annual Unbound Book Festival on April 22.

Originally from Ohio, Gay is the author of four poetry books. “Be Holding” is an ode to the Philadelphia 76ers’ Julius Erving and his famous reverse layup during the 1980 NBA

finals. More than that, it connects Erving with themes of history, representation and imagination in the stream-of-consciousness-style poem.

Like much of Gay’s other work, including the 2015 National Book Critics Circle Award winner “Catalog of Unabashed Gratitude” and his most recent essay collection, “Inciting Joy,” “Be Holding” explores gratitude and the quest toward happiness.

This year marked Gay’s first appearance at the Unbound Book Festival, where he also spoke at the keynote event at the Missouri Theatre on Friday. Located in the smaller Serendipity Salon, the poetry reading was a more intimate event, with the gallery space crammed with mismatched blue, clear and black folding chairs.

Gay appeared at 5 p.m., setting his bag down in the front row and taking his place on the stage. He wore a black hoodie with the words “YOU BELONG HERE” on the back. He sat between a piano and a light-up tree, smiling out at his audience. Gay mentioned that this was his first time reading “Be Holding” aloud in its entirety since the poem’s initial publication in 2020. Before he began to read, Gay took notice of those standing at the back of the room.

“This is a long-ass poem,” Gay said, beckoning people to sit down. Gay’s delivery of the poem involved fluidly

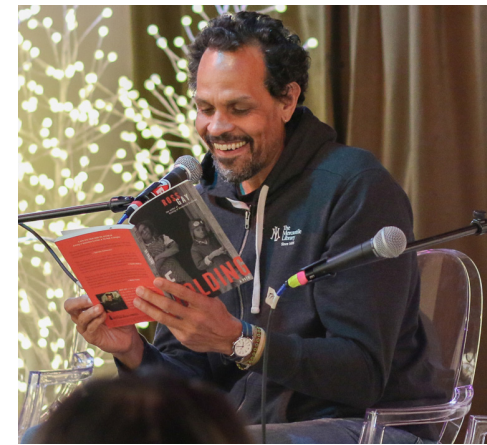
adjusting his pacing and volume to match the emotion of each line. Stanzas flowed with ease, while his comedic timing shined through in the careful pauses for audience laughter and reactions. Occasionally, Gay would even begin to sing a line, breaking out into a notable melody that stood out from the rest of the piece.

“Have you ever decided anything in the air?” Gay asked the audience while delving more into Erving’s impossible shot. He waited for a moment, allowing people to consider. Several sat forward in their seats, craning to hear the next line.

“Be Holding” took Gay an hour to read, but he was able to impart a captivating journey unavailable when simply reading the text alone. Gay’s oratory prowess combined with his poetry to create a moving, delightful performance that echoed the themes found in his work.

Following the reading, audience members were encouraged to visit Skylark Bookshop, where Gay would be available for book signings, along with other authors who appeared at the festival. During his scheduled signing window, Gay reminded several readers of the importance of gratitude and peace.

“In joy, together,” he wrote in the books.



Ross Gay recites a poem from his book “Be Holding” during the 2023 Unbound Book Festival at Serendipity Salon and Gallery in Columbia, MO on April 22, 2023. Gay teaches at Indiana University and the low-residency MFA program in Drew University. PHOTO BY MICHAEL BANIEWICZ

Edited by Savvy Sleevear
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Copy Edited by Sterling Sewell and Mary Philip



Ode to the print edition

In this poem, Abigail Henshaw honors the print edition of The Maneater as it completes its printing journey.

ABIGAIL HENSHAW
Fun & Games Assistant Editor

The time has finally come
That we bid farewell to thee,
Although this makes us terribly glum
We knew it eventually had to be.

Born on campus in the year of 1955
To spread news throughout the tiger community,
The print edition would grow and thrive
While creating journalistic opportunity.

Like the tiger after whom you were named,
Crafted by writers with fierce devotion,
Your pages carried stories intended and aimed
To give voice to those unheard and with a notion.

From Speaker's Circle to dining halls
You traveled MU's campus far and wide.
In backpack, by hand, on bike, through walls
On distribution day you were passed out with pride.

On occasion, in trash cans you were left behind,
Your memory freshly present on ink stained fingers,
Unfinished crosswords still on our mind,
Your centerfold ads flying through the wind to linger.

Although we are sad to see your physical form go,
Missing your ink and paper scent that filled our lungs,
We are eager and hopeful to see you digitally grow
As you live on through screens as zeros and ones.

You served us long,
You served us well,
That'll do, beloved print edition
We bid you a sentimental farewell.

BYE PRINT

Letter from the Editor: The Maneater says goodbye to the print edition

After 68 years as a printed publication, this is The Maneater's last regular print edition, turning toward a digitally focused future of innovation and growth.

To the MU community,

The legacy of passionate and powerful student journalism has always served as a motivator and source of inspiration for my time as a Maneater. Sixty-eight years of history, staff bylines and stories on the MU community are kept within The Maneater's archive of yellowed newspapers. Every edition since our founding in 1955 is bound and stored in the Mizzou Student Media newsroom.

However, there is a larger Maneater tradition passed on from editor to editor, reporter to reporter:

We are, and always will be, the student voice of MU.

Today, the needs of the student voice have changed, as they have for many student newsrooms across the country. Our audience of 18-24-year-olds primarily consume news digitally, through social media and other online platforms. It's time to be honest — print no longer serves our readers.

Under the guidance of the Mizzou Student Media Coordinator, Becky Diehl, The Maneater will distribute its final regular

print edition this May — transitioning into a new, exclusively-digital future of high quality journalism, for students, by students.

One of the most valuable features of student media is its ability to innovate — to challenge journalism's institutionalized limitations and develop unique, fearless solutions to our industry's most pressing questions. By stepping away from our monthly print edition, our newsroom has the opportunity to expand into a more inventive, forward-thinking outlet, focused on our audience's needs.

This year alone, The Maneater's connection with the student body has only been strengthened by our increased focus on digital strategy and presence.

The social media team has generated a new style for posting, approaching each platform like the front page of a paper, keeping our audience's interests in mind every step of the way. In the last 90 days, The Maneater Instagram has reached over 11,000 accounts, over 10,000 of which are non-followers.

In house, our multimedia section continues to expand, as we train new students in creating captivating content across mediums — audio, video, photo and graphics — before they practice those skills in the classroom. In the past two years, this section has transformed our newsroom's mindset, challenging staff to expand their skill sets in visuals, design accessibility and website interactivity. Funds previously used for print publication can be reinvested in equipment geared toward this medium of content and supporting these unique skills.

This semester, the outlet has launched The Maneater Bites, a weekly newsletter of our top stories — bite sized. This method of communication allows for direct, frequent and consistent communication with MU students, faculty, community members and alumni, in their inbox.

Our spring goals looked to push our outlet's boundaries even further, with the first publication of a fully digital MOVE Magazine in April. Our print editions are already showcased on our website, alongside an archive of our content. As we bring traditional print products into digital spaces, staffers gain even more opportunities to develop marketable skills in web design and planning.

As we move beyond a monthly print edition, our ability to support and develop these initiatives and goals only grows. This decision was announced internally this fall, and our staff has stepped up to this new challenge and opportunity.

Like many Maneaters before me, I have loved late night production sessions in the newsroom, seeing my name in print and handing out papers to my peers. But, I also love that I am fortunate enough to work in a newsroom of fearless journalists, committed to our audience, and excited to explore a new frontier.

The Maneater will always be committed to our guiding principles, our audience and our identity as the megaphone for the student body. We are rooted in the pages of the staff that came before us and motivated by our readers today. Join me in supporting the efforts of next year's team. Donate to Mizzou Student Media, subscribe to The Maneater's newsletter, follow us on Instagram, Twitter and Facebook and uplift the work of some truly fantastic student journalists.

Thank you for picking up our final print edition, enjoy your copy.

Sincerely,

Anna Colletto

Editor-in-Chief, 2022-2023

REVIEW: boygenius has mastered the art of making sad music with ‘the record’

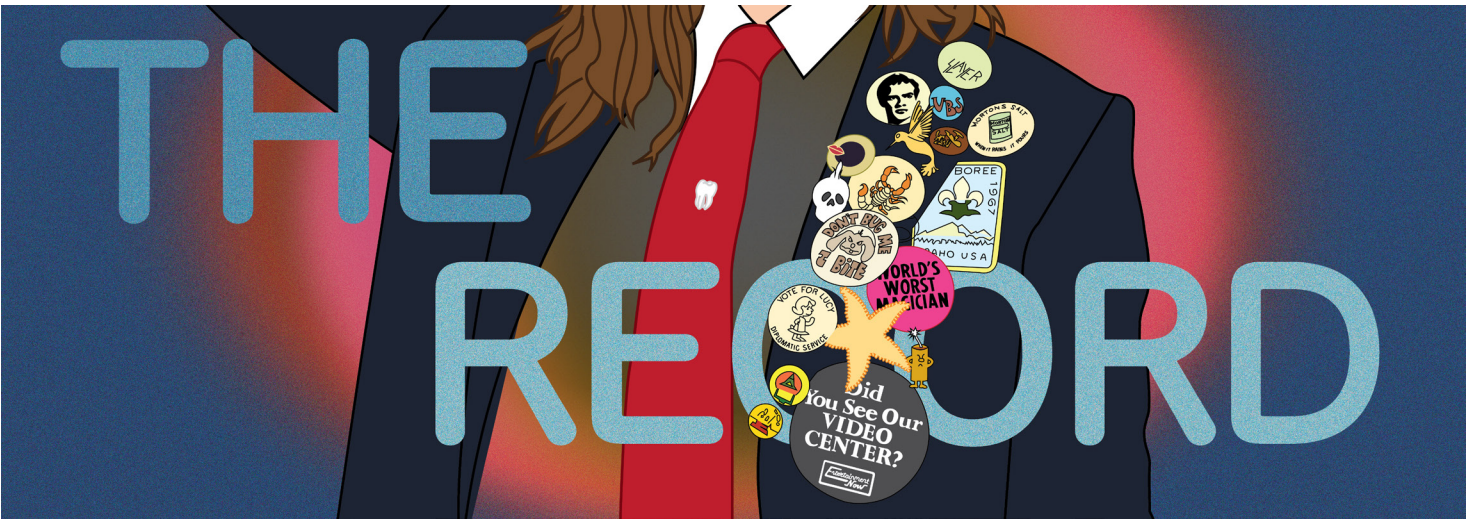
“the record,” a 12-track album, will tear you apart as you attempt to digest boygenius’ lyrics.

EMMA ZAWACKI
MOVE Reporter

I liked this album more than I think I was supposed to.

Then again, I’ve always had a soft spot for sad, gut-wrenching songs — much to the dismay of anyone who has ever ridden in the passenger seat of my car.

boygenius, a supergroup composed of Julien Baker, Phoebe Bridgers and Lucy Dacus, hit the nail of my music taste on the head with its album “the record.” The 12-track album released on March 31, and while the band has made music together before, its sound has changed drastically, giving this album a different vibe than their 2018 self-titled, six-track EP. “Without You Without Them” kicks the



GRAPHIC BY LILYANN HAMES

album off. The lullaby-likeness of this track causes you to feel as if you’re being swaddled by the melody, leaving you in a tranquil mindset and setting the tone for the whole album.

The third track on the album, “Emily I’m Sorry,” was the first song from this album that I ever heard. Sad songs, like this one, are entirely my jam; I like songs that you could argue would be better as poems, and this song fits into that category.

Despite my hatred for my elementary school guitar lessons, “Cool About It” tempts me to pick the hobby back up. This song brings you back to the original feeling of melodic swaddle. You are tenderly cared for as the depth of the lyrics rip you open.

While most of the songs are slow, settling into your bones, “Not Strong Enough” — track six — is disguised as a happy track. Yet, the further you dissect the lyrics of the song, the sadder they become as you are relentlessly hit by them.

The waves of self-doubt that radiate from this song permeate into your soul. Specifically from the line: “I don’t know why I am / The way I am / Not strong enough to be your man / I lied, I am just lowering your expectations.”

If “Not Strong Enough” is a sad song disguised as a happy song, “We’re In Love” ditches the masquerade. Baker, Bridgers and Dacus’ voices blend seamlessly in this track.

This song ties back into the lullaby-like sound of the first song, creating a feeling of cohesion throughout the album.

Each and every song on this album was the perfect mix of heartbreaking and eloquent, each lyric grabbing onto different parts of your heart and brain.

I will consider “the record” — for now and forever — a masterful collision of strong instrumentals and catastrophic lyrics.

Edited by Scout Hudson
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Copy edited by Matt Guzman and Lauren Courtney

SUB SHOP

Continued from page 1

Classic rock music fills the air. Vinyl, ‘80s movie posters and MU-inspired artwork plaster the walls. Columbia’s Sub Shop has loyally provided “four decades of peace and subs” to college students and the surrounding community. The wide interior is filled with picnic tables and lined with quirky artifacts innovated for seating, like old car seats, that make enjoying the restaurant’s scratch-made sandwiches a relaxing and communal affair.

With a vast array of customizable sandwiches and ingredients drawn out on one chalkboard, the ordering process can be intimidating for first-time customers. However, an atmosphere that takes customers on a trip down memory lane

removes the overwhelming Chipotle-like feeling of being silently judged as you add unique components to your order. Instead, wide walls decorated with names, Greek letters and punny late 20th-century pop culture references like “grateful bread” fill customers with fascination.

The time and energy put into thinly slicing roast beef, stacking fresh lettuce and layering tomatoes to create timelessly tasty sandwiches contrasts the lost-in-time atmosphere. Holding true to a fresh and never frozen oath, the open view of the kitchen behind the counter created a sense of openness and genuine attention to detail, allowing my sandwich to disappear almost as soon as it reached my table.

A flat-topped Eighth Street building at the end of a sloped parking lot barely

visible from the columns, Sub Shop is also a hideaway for MU students from downtown’s bustling nightlife. Visiting with a few friends on a late Friday night, the repurposed car seats and subs — made fresh even at 10 p.m. — were a source of comfort and sparked appreciation for the traditions of Columbia’s community I have grown to love.

On a separate occasion, even when severe weather warnings interrupted radio waves of classic rock and dominated the shop’s atmosphere, preparedness and attention to detail overtook the stress caused by the sirens. The Italian sub had every component to make it a heavy, yet comforting sandwich, and absorbing myself into its variety of flavors was an easy distraction from the possibility of getting caught in a tornado on my way back home.

Each time I visit, the vintage vibe of the shop fills me with curiosity. Sub Shop has the same landmark feel that makes any college town restaurant stand out — the savory sandwiches, posters, flooring, vinyl, music and seating culminated

into an atmosphere that reminded me of Buffalo Joe’s, my father’s landmark restaurant in Evanston, Illinois, during his time at Northwestern University. Visits to Evanston were a notable part of my childhood. The same retro atmosphere and spicy dishes were a part of my father’s college experience and a culinary beginning or ending to those visits I always looked forward to.

Both locations, though different genres, have the same feel of a place that’s central to your college experience, and that you treasure in your heart and take your kids back to when the chapter ends. Each time I visited, I imagined the restaurant as a place that would soon hold memories central to a period of my life.

Edited by Scout Hudson
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Copy edited by Kyla Pehr and Grace Knight

REVIEW: Mareck Dance’s “Live!” mixed artistry and technique for a compelling show

With talented dancers, live music and a variety of choreographic styles, “Live!” was compelling from start to finish.

MOLLY GIBBS
MOVE Reporter

Mareck Dance presented a stellar 17th Annual spring performance, “Live!” as a part of the University Concert Series at the Missouri Theatre on April 7 and 8. Varied styles and interesting staging made for a visually compelling show that drew in the audience. The pieces showcased the dancers’ range of technical skill and their

artistic ability. The dancing was also paired with live music including guitar, harp, piano, drums and vocals.

The company, formerly known as “Missouri Contemporary Ballet,” is made up of just eight dancers, led by director Karen Mareck Grundy. As one of the only professional dance companies in Mid-Missouri, it provides a unique audience experience. In a well-rounded show, “Live!” consisted of three world premieres and two repertoire pieces.

“Whispers in the Dark,” choreographed by Kristopher Estes-Brown, opened the show. The dancers stumbled around the stage, albeit gracefully, depicting a drunken crowd. The piece moved into a powerful, emotional solo from Nathan Crewe-Kluge, accompanied by spoken word and hushed music. The shaky and unbalanced movement of the ensemble quickly smoothed out as the mood of the piece turned somber. By the end, dancers showcased their ability to portray complex emotions while maintaining coordination and exceptional technique.

Next was “Desperate Measures,” which originally premiered in 2010 and was created by Grundy. On the stage was a

small red couch, a projector and a screen. Throughout the piece narration appeared on the screen explaining the complex murder mystery narrative of the piece. Although this could be seen as a gimmick, for less seasoned dance consumers, a play-by-play of the story was a welcome break from the often abstract concepts presented in dance. This piece was upbeat and jazzy in nature, with the women en pointe and more classic ballet technique being utilized.

The second world premiere of the night, “Moon Bloom,” choreographed by Helen Hatch, took the stage next. The dancers wore pastel colors and a mix of guitar and piano set a light mood. The entire piece consisted of smooth, elongated movements and many classic partnering steps and lifts. At times the piece felt stagnant but contrasted nicely with the other dances and served as a sort of ‘palate cleanser’ for the performance.

“People, Places, Things,” a repertoire piece by Autumn Eckman, was the standout of the night. Three women and the only two men in the company were featured in this smaller piece. While still en pointe, the women showcased incredible endurance as they moved quickly all around the stage. Dancer Victoria VanderPlas was particularly

captivating, with incredible body lines, sharp movements and a strong stage presence.

The third world premiere and second piece by Grundy was entitled “Right Now,” and brought the entire company back onstage. Musicians Ruth Acuff and Jeff Mueller played harp and bass respectively in addition to singing. A mixture of soft and sharp movements were set to a fast tempo which made for a visually interesting dance from start to finish.

Although Mareck Dance’s company is small, the theater was filled by the dancers’ expansive movement, clever choreography and unique compositions. While Grundy and the dancers took their bows, the entire audience rose to give them a deserved standing ovation. The night of dance was beautiful and the music, choreography, costuming and staging all complemented one another in order to create it.

Edited by Egan Ward
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Copy edited by Sam Barrett and Lauren Courtney



REVIEW: Post Animal transports audience on a psychedelic voyage

Post Animal’s versatile music style united the crowd in movement and energy during its Rose Music Hall performance.

LILLEY HALLORAN
GRETA FRYMIRE
MOVE Reporters

On April 11, Rose Music Hall was filled with conversation and the wafting

aromas of Angelina’s Tacos being served to hungry guests. At a picnic table outside, the five members of psychedelic rock band Post Animal met the excited glances of concert goers as they awaited their highly-anticipated set to begin. Formed in 2014, the Chicago-based group embarked on its “Beautiful Places” tour earlier in the month; Columbia marked the second stop.

Starting just a little past the scheduled time of 8 p.m., The Tri-County Liquidators, a Columbia band, opened the show and drew eager attendees inside the venue. Gradually, the music hall filled as people lined up at the barricade and nodded along to the band’s perfectly timed harmonic guitar licks. Bantering with the crowd, the Tri-County Liquidators brought a hardcore sense of sophistication to the stage. The set was a high-energy start to the three hours of music that followed.

Following the opening act, a silence fell over the crowd. Those seated at the bar drifted closer to the metal barricade to ensure an

uninterrupted view of Post Animal.

Energy inside the concert hall instantly magnified as the band members appeared onstage, bathed in red and blue light. Post Animal began to play, grinning to acknowledge the scattered shouts of praise from their audience. After two songs, a mosh pit appeared that cracked laughs and encouraging nods from the band.

The tension and release points in Post Animal’s discography brought natural movement to the crowd that quickly became more intense as concert guests pulled each other with the music’s waves. Contrary to many prog rock bands, Post Animal’s song endings were clean and polished, indicating they were well-rehearsed and musically adept. “Gelatin Mode,” a highlight song from Post Animal’s 2018 Album, “When I Think of You in a Castle,” seemed like a fan favorite.

The band’s lead guitarist, Javi Reyes, described the band’s mood as “playful”

while he exchanged quips with the audience. Post Animal combined their musical prowess with a casual attitude by leaning on a call and response pattern in interacting with the crowd. In their last song, bassist Dalton Allison even hopped off the stage, playing on-level with the audience.

Before the encore, Reyes shouted, “Let’s keep this vibe train rolling!” and the audience met him with an eager “All aboard!” and “Choo choo!” Sure enough, Post Animal’s performance was a journey in time travel — the songs expertly fused influences from ‘60s experimental rock, ‘80s synth pop and ‘90s punk.

For us, the ticket fare of \$25 was well worth it. Post Animal united the crowd for a vibrant ride with their electrifying musical collection.

Edited by Egan Ward
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Copy edited by Sam Barrett and Lauren Courtney

PHOTO STORY: Nacho average music festival — Post Sex Nachos host local artists at first Nacho Fest

On April 29, Post Sex Nachos hosted Nacho Fest at Rose Park alongside six other artists.

HANNAH SCHUH
Assistant Photo Editor



3. Post Sex Nachos poses behind the Rose Park stage, where all of the festival’s artists keep their equipment between sets.

4. Dell Nolan, 3, looks up at Alpha Tau Omega fraternity members dressed up as the Blue Man Group watching Little Cowboy perform. The group ended their bar crawl at the Rose Park entrance by lining up at the fence and demanding to be let in, just in time for the end of Little Cowboy’s set.

5. Brothers Tommy Auckland and Blake Hager perform at Nacho Fest’s VIP After Party in Rose Music Hall.



1. Lead singer and guitarist for Post Sex Nachos Sammy Elfanbaum plays for the crowd after taking off his bandana. At the end of the song Elfanbaum requested to borrow a hat from a crowd member, which he then claimed was “too big for my small noggin,” and traded it for another cap.

2. Alivia Rau dances into the center of a dance circle despite the rain. The circle was formed to pass the time after Arlie’s set was delayed due to weather.



6. Chase Mueller, bassist for Post Sex Nachos, leans into the music as guitarist Mitch Broddon plays a solo. “I think the most special part for me anytime we get the chance to do something like this is that my brother’s band, Little Cowboy, is also on the bill,” said Mueller. “Getting to perform with him live on all these different shows is the coolest thing ever, because he and I kind of taught each other how to play instruments. So it’s awesome.”

7. The crowd surrounds Arlie as he performs near the merch table instead of on stage. Due to the weather delay Arlie’s set would have been cut for time, so the band decided to perform a few acoustic versions of songs to still put on a show.

8. A crowd member holds up a message reading ‘play music we can dance to’ after the speakers were turned off following the park’s announcement of Arlie’s delayed performance.

MANEATER
OPINIONS

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EDITORIAL: Missouri emergency rule restricting access to gender affirming care will negatively affect MU students

The 2022–23 and 2023–24 Editorial Boards of The Maneater see the recent emergency rule restricting access to gender affirming care as an unacceptable attack on the rights of transgender people in Missouri.

TIERNEY KUGEL & MOLLY GIBBS
Opinion Columnist & Opinion Editor

Content Warning: Mention of suicide and restriction of rights.

Missouri Attorney General Andrew Bailey recently instituted an emergency rule blocking gender affirming care for minors, and for the first time nationally, for adults. This rule will have dire consequences for MU students and many Missouri residents. This rule puts significant barriers between people seeking gender-affirming health care and any treatment that goes beyond the scope of psychotherapy. This emergency rule is a clear and unacceptable attack on the rights of all transgender people, prohibiting them from living full and safe lives.

The rule was originally scheduled to go into effect on April 27, and expire on Feb. 6, 2024. However, St. Louis County Circuit Judge Ellen Ribaldo temporarily halted the rule on Wednesday, April 26, in response to lawsuits filed by the American Civil Liberties Union of Missouri. On Monday May 1, Ribaldo issued a temporary order blocking the rule until May 15 and scheduled a hearing for the lawsuit which challenges the rule. This temporary block could and should be extended beyond the set date.

What is an emergency rule?

In Missouri, an emergency rule is temporary legislation made, amended or rescinded by a state agency without following the provisions of section 536.021, which outlines the typical rule-making process. To constitute an emergency rule, legislation must adhere to a set of guidelines — the first being that the state believes there is an “immediate danger” to public health or safety. The secretary of state, Jay Ashcroft, must approve any emergency rule and publish it. Emergency rules may not be renewed and no consecutive emergency rules should be adopted that have the same effect. However, legislation similar to — or the same as — an emergency rule may be passed. An emergency rule can also be terminated by the filing agency and the Secretary of State.

What is *this* emergency rule?

The rule seeks to eradicate life-saving gender-affirming care such as hormone replacement therapy and surgical treatments by creating roadblocks for receiving such care.

This rule requires a patient to go through an 18-month period of psychotherapy, ‘resolve’ any existing mental health diagnoses and have medical documentation of three or more consecutive years experiencing gender dysphoria. This prolongs the treatment process, which can already take years

to complete, depending on the extent. Medical providers and their patients should have discretion over when they need to receive care and what that care looks like. This emergency rule is another example of the state of Missouri unjustly interfering with citizens’ medical decisions.

Bailey’s emergency statement for the rule cites an allegation from a whistleblower who previously worked for the Washington University Transgender Youth Clinic in St. Louis, a provider of gender-affirming care in Missouri. The allegation states the clinic is failing to comply with a medical standard of care and has been disputed by a former colleague, patients and their parents. Washington University also issued a statement claiming the allegations are unsubstantiated. The claims are currently being investigated by the Department of Social Services, the Attorney General’s Office and the Division of Professional Registration.

Allegations against one clinic that have yet to be confirmed do not warrant a statewide order restricting health care.

The attorney general also cites advocacy against the use of gender-affirming health care due to a perceived lack of research on the treatments and their side effects. However, the FDA approved puberty blockers 30 years ago for children with precocious puberty. The American Medical Association, the largest and only national medical association in the U.S., also supports gender-affirming care. These forms of treatment are proven to be safe and effective for people experiencing gender dysphoria, yet the attorney general’s rule restricts access to this safe and often necessary healthcare.

Ribaldo, the judge who temporarily blocked the rule, said in her statement that patients, “are at high risk of having their medical care interrupted for an unknown length of time; once the Rule goes into effect, they may lose access to medical care through their current providers until such time as the provider can come into compliance with the Rule’s requirements.”

Restricting access to gender-affirming care is an unacceptable attack on the rights of transgender people.

According to the 2015 U.S. Trans Survey, 82% of transgender people have experienced suicidal ideation, and 40% have attempted suicide, a rate that is about nine times higher than the United States population average. Forty percent of all transgender people consider or attempt suicide during adolescence and young adulthood. With such a high rate of deaths by suicide and suicidal ideation, transgender individuals should be given additional resources, not stripped of their right to receive potentially life-saving care.

The AMA asserts that access to gender-affirming care can improve mental and physical health outcomes for transgender people.

“Gender-affirming care has been linked to dramatically reduced rates of suicide attempts, decreased rates of depression and anxiety, decreased substance use, improved HIV medication adherence and reduced rates of harmful self-prescribed hormone use,” the organization says on its website.

Restricting access to gender-affirming care will harm transgender people throughout Missouri and students at MU who need these treatments to survive and thrive.

A dangerous precedent.

Nationally, this is the first restriction that goes beyond the scope of transgender youth by also blocking adults from receiving treatment beyond physcotherapy. It follows a trend of anti-trans legislation and action by politicians as at least 13 states have now enacted laws restricting or banning gender-affirming care for minors. Even more states have one or more bills of this kind somewhere in their legislative process.

Now that Missouri has successfully created this emergency rule, other states are taking notes on how they too could further restrict the rights of transgender citizens.

What can you do?

While the rule is temporarily halted, citizens have time to express their opinion. This rule was enacted by Missouri Attorney General Bailey, whose office can be contacted at (573)-751-3321, consumer.help@ago.mo.gov or nocall@ago.mo.gov. Tell him how the rule will negatively impact MU students and ask him to terminate the rule; let your voice be heard.

A rule that directly impacts citizens rights must be carefully considered and not rushed through as an emergency procedure.

The ACLU of Missouri in conjunction with Lambda Legal and Bryan Cave Leighton Paisner LLP filed a petition which is now Southampton Community Healthcare v. Bailey. This lawsuit is responsible for the current halt on the emergency rule. In a statement from the ACLU of Missouri Gillian Wilcox, Deputy Director of Litigation said, “Today’s ruling marks a win for transgender Missourians.” These groups will continue to fight the emergency rule on behalf of their plaintiffs and all affected Missouri residents.

Lambda Legal is a group focused on supporting LGBTQ+ people and causes in the American justice system. The ACLU of Missouri supports civil liberties and the principles of equality and justice. These organizations will continue to take necessary and warranted legal action against the restrictions. In a joint statement they assert, “This rule is a shocking attempt to exploit Missouri’s consumer protection laws in order to play politics with life-saving medical care.” Anyone affected by this rule can contact the Legal Help Desk at Lambda Legal or the ACLU of Missouri for information on available resources and their legal rights.

The current and incoming Maneater Editorial Board stand with transgender and gender nonconforming students and demand the right to gender-affirming care be protected.

Edited by Genevieve Smith, DEI chair, and the 2022–23 and 2023–24 editorial boards.

COLUMN: Weak Missouri gun laws contribute to gun violence, require student action

Public safety in Missouri is adversely affected by a lack of basic and foundational gun laws. Students must take action by staying informed and engaged when new gun legislation is being proposed.

TIERNEY KUGEL
Opinion Columnist

In the wake of increasing gun violence tragedies in America, it is imperative that the strength of gun laws be evaluated in every state. There have currently been 164 mass shootings in the U.S. in 2023, according to the crowd-sourced Mass Shooting Tracker, and the leading cause of death for children and adolescents in 2020 was firearm-related injuries, according to the New England Journal of Medicine.

There is a massive gun violence problem in this country, which is perpetuated by a deplorable lack of restrictions and safety precautions placed on gun ownership. And despite having some of the weakest gun laws in the country, the Missouri legislature

has rejected opportunities to improve firearm safety, calling into question the integrity of Missouri’s representatives.

In a country with more guns in circulation than people, gun violence is a serious — and uniquely American — problem that can be linked back to relaxed gun laws. According to the Center for American Progress, states that received an “F” grade from the Giffords Law Center to Prevent Gun Violence based on the strength of their gun laws, including Missouri, saw a 25% higher homicide rate than states with “C” or “D” grades. Missouri’s weak gun laws make it less safe for residents, necessitating stricter gun policies.

Missouri’s gun laws are incredibly weak, and firearm ownership is popular in the state, with 48.8% of Missourians saying they own a gun, according to the RAND Corporation, a nonprofit and nonpartisan think tank and research institute. This places Missouri in the top 20 states for gun ownership. The state with the highest percentage of gun ownership is Montana at 66.3%, and the states with the lowest rates are Massachusetts and New Jersey at 14.7%.

According to Everytown for Gun Safety, an organization that conducts research and engages in activism and education about gun violence, Missouri fails to have the



Continued from page 12

foundational gun laws that protect the public. The organization defines foundational gun laws as background checks and/or purchase permit, a permit requirement for concealed carry, a law that allows a judge to remove a gun from someone who poses an extreme risk, a law that prevents people from shooting their gun in public to kill if they can safely walk away from the situation, and a secure storage or child access prevention requirement.

In addition to foundational laws, other gun laws such as those involving sales and permitting, restrictions on who can possess guns and guns in public spaces are lacking.

The state does not require notification of failed background checks or an emergency restraining order prohibitor, as well as many other examples. There are very few protections in place, leading to incredible violence and easily accessible weapons. About 600 people die on average every year by gun homicide in Missouri. According to the National Institute of Justice, a majority

of mass shootings in the U.S. are committed using legally obtained weapons. This troubling rate of gun violence committed with legally obtained firearms warrants a serious change in regulation.

Despite the clear and present need for tougher gun laws, Missouri’s conservative state legislature continues to prevent progress toward improved public safety. In February, the conservative Missouri legislature rejected a provision of House Bill 301 that would ban minors from carrying guns in public without adult supervision. The provision was originally included in bipartisan public safety legislation, but the proposal was rejected 104–39. Republicans overwhelmingly voted against this bill and have tried to prevent other common-sense gun-related legislation from taking effect.

While it is understandable as to why someone may want to own a gun, a society with safe gun ownership relies on the quality of gun laws. Students can take action by staying informed about developing gun legislation in the news. If new, harmful legislation is being proposed or positive



GRAPHIC BY VISHVI AURORA

legislation is at risk of being blocked, students can contact state representatives to voice their opinions. Their information can be found on the www.house.mo.gov website listed under “Members.” Students can also register to vote in elections. By researching the ballot and voting for candidates who support strengthening gun policy, steps toward improving Missouri’s gun violence problem can be taken.

Gun laws affect everyone in the state, and it is necessary that, as young voters, Generation Z positively shapes the political future of states like Missouri by prioritizing public safety.

Edited by Molly Gibbs, mgibbs@theman eater.com
Copy edited by Kyla Pehr and Lauren Courtney



GRAPHIC BY SAVANNAH SCHOREY

Letter to the Editor: Real Policy Takes Strides for Survivors

It’s On Us has spent the school year taking action to prevent sexual assault at MU in a revitalized mission as passion for prevention dwindles on campus.

GRACE NIELSON

Grace Nielson is the Chapter Director of MU’s It’s On Us and is about to graduate with a bachelor’s degree in social work.

College campuses set the table for every major issue. But some topics only emerge as brief trends instead of rights-centered problems.

I started working in sexual violence prevention advocacy after my own experience with intimate partner violence. I became involved with a domestic violence shelter in Columbia as a residential victim advocate, alongside involvement in campus prevention efforts and now serve as the chapter director of MU’s It’s On Us, a chapter under the national organization that seeks to end sexual assault on college campuses.

Founded in 2018, our chapter of It’s On Us achieved great strides in advocating for sexual assault prevention in it’s first year. However, interest in our chapter dwindled each year after our founding, which was telling of the bigger picture.

Interest in our organization always peaked after any headline about sexual violence or alleged drugging in local bars. People were rightfully upset. But those headlines continued to return.

The bigger picture told us college students care about sexual violence, but we fail to push policy changes that stop history from repeating.

That’s precisely why *it’s on us*.

When former MU student Tori Schafer graduated in 2019 and retired from her role as director of our chapter, she left a purpose for our organization. We had members, we held momentum — and most importantly — we were change agents. But, when passing the torch, new leaders used this reputation to skate by without doing the work. It was all a performance.

When I joined our chapter’s executive board as the events coordinator, I sought to prevent sexual assault through education. These meetings brought in 30 people every week, discussing a variety of issues, like “Trauma Responses to IPV” and “How to Engage Men in the Fight”. While these discussions sparked interest in the culture of select groups

on campus, we failed to take actions to change the policies and resources at MU that feed the issue of sexual assault on our campus.

At MU one in four women, one in ten men, and nearly one in four transgender and non-binary individuals have been assaulted.

In the first week of October, 2021, there were 13 reported cases of drinks being spiked with date rape drugs at local bars including during fraternity events. When these reports were brought to local TV stations, our campus became outraged. Immediately following the news, one student held a protests with 400 people and as a result, It’s On Us meeting attendance spiked.

For a moment, our campus was motivated.

From October to November of 2021, we organized to stop sexual assault. Then, finals came and students left campus for winter break, which lasted over a month.

When school started back up, the story had died down, the passion was gone, and it was as if none of it ever happened. We forget these statistics when they aren’t being mentioned in the media. We forget that our best friends, strangers next to us in class, and the people in our organizations are suffering silently from being assaulted. However, while their pain isn’t loud, sexual assault on MU’s campus isn’t something tackling the student body quietly.

However, when it cycled back through with the passing of a student on campus, groups of people reached out saying that they stood with us and wanted to join the fight. MSA candidates reached out to It’s On Us, asking to come to our meetings to present their platforms, as sexual assault prevention was a key issue in their campaign. It was great these individuals wanted to use their platform to make a difference. However, neither slate had ever participated in any event or discussion we hosted prior to their election cycle.

It’s easy to stand up and want to fix the problem. It’s empowering to say publicly, “It’s On Us.” When activism is only loud, you don’t feel the pain others go through. But, when you sit down in a room and ask how an institution can make policy changes to eradicate sexual assault, the real work begins.

We have to be willing to feel the pain for a moment and push through that in order to be advocates. We have to be there each week, writing new policies, making new programs, and changing structures in place, even if doing so isn’t loud. We have to always be change agents because even if it’s hard, **it’s still on us**.

The MU chapter of It’s On Us has a renewed mission. We will take concrete steps to end sexual assault on our campus. This isn’t something that people are loud about right now – and that’s okay. We’re here, we’re passionate, and we’re putting in the work. We haven’t given up.

However, it’s time for us to put our passion into action. In years past, we’ve forgotten that we’re a policy-based organization, and that’s where our focus needs to be. It isn’t enough to simply care about the issue — we want to make our campus a safer place, and prevent sexual assault.

Below is a detailed list of what It’s On Us has been working to accomplish this school year:

1. We are moving away from educational advocacy and turning into a policy-based organization.
2. We now have a seat on the Sexual Assault Working Group under the Vice Provost of Student Affairs to give our policies the platform needed for administrative workshop and implementation.
3. Currently, we are working with the university’s international programs office to review current trainings provided by the program for students and advisors surrounding intimate partner violence, and ensuring students are aware of who to contact if they experience sexual violence while away from campus.
4. Ahead of the 2024 Session of the Missouri State Legislature, we will work with campus partners to lobby for a Speaker Circuit that will allocate \$5,000 to each public university to bring in a content expert to speak on sexual assault prevention on college campuses.
5. This year, IOU developed a 10-step resiliency program for survivors of sexual assault who must take classes with the individuals who assaulted them.
6. We created a presentation for MU student organizations to train executive boards to respond to sexual assault claims within their organization.
7. We held our annual Week of Action April 17–21 for Sexual Assault Awareness Month.

This isn’t just an issue on our campus. College students across the country need to actively engage in this fight. For both students and their parents, it’s necessary to ask: what can I do? It isn’t enough to repost something on Instagram, it isn’t enough to just say “it’s on us”. You have to put that commitment into action so that rather than protesting sexual assault on campus, we can prevent in the first place. It’s On Us is here doing the work, the only question left, is will you join us?



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Advice Column

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Ask an ‘Eater Advice: Coping with growing

Abigail Henshaw is a sophomore hoping to answer students’ questions and give advice through her columns.

ABIGAIL HENSHAW
Fun & Games Assistant Editor

“How do I cope with the fear of aging and transition out of college?”

Dear Reader,

I whole-heartedly understand your anxieties around this new chapter in your life and promise you are not alone. It all comes down to this: Change is uncomfortable and terrifying, but necessary. You probably felt this way transitioning from high school to college, maybe also when moving from your hometown to Columbia. Similar

events are about to happen in your life, but I think that a few years from now, you’ll look back fondly at your time spent at college and won’t feel the need to stay in that moment like you do now. We often feel dread when we reach these pivotal moments in our lives, because we feel content, comfortable or happy — which is a great thing. Despite this dread, we cannot stop the impending change.

Until this inevitable moment arrives, appreciate the time you have left before you graduate. Let those you will miss know how much they mean to you. Try to come up with a list of things you want to accomplish before and after graduation. First, make one for things you want to do at MU before you graduate. This bucket list could include seeing a show at the Missouri Theatre, having a picnic at Peace Park, putting your hand in the water at Devil’s Icebox or anything else you have neglected or want to do one last time at MU.

For your list looking forward, know that the future only brings endless opportunities. I’m not saying you should know where you’re going to be in five years. It can be

simple things like visiting a destination you have always wanted to, cooking a new recipe or applying for jobs you wish to pursue. If you have no clue what you will do right out of college or are not even sure that you are going in the right direction, that is okay too. Just like you did while in college, you will learn and adapt as you go along.

Aging is nothing to be scared of. It simply means you have more experience, learned from mistakes or successes, and maybe also have a few more wrinkles or gray hairs. Use the time, friendships and lessons you have gained from your time at college to move on to the unknowns in your future. Not knowing what is heading your way next is scary, but can be even more thrilling.

Best of luck on your future endeavors,
Abigail Henshaw

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Copy edited by Ashley Dickey and Lauren Courtney

How to take the stress out of ordering on campus

Eating at dining halls can range from the best to the worst experience you have in the day. Here are some tips and tricks on how to order successfully!

SARAH MOURA
Fun & Games Writer

Ordering on campus can be the most stressful experience you ever go through in your college life. You speed into the dining hall to avoid the crowds — this never works — then spend an absurd amount of time waiting in line just to feel pressured to order as fast as possible so the student-employee and the students behind you don’t get impatient. Then after all of that, you hope your order comes out the way you ordered it. All this is a lot to go through a couple times a day, and even more so if you also are the one behind the counter.

To relieve some of that anxiety, here are some tips and tricks from your very own student-employees on how to make ordering on campus at least a bit easier.

Starting with some things you shouldn’t do: Avoid coming in 10 minutes before they close, since the student-employees will be busy closing. If it is a day in which the location closes earlier than usual, chances are you are not even going to be able to order as they cut lines at a certain point. So, look for times where these locations are most empty. For instance, at Starbucks in Memorial Union, the slowest hour during the week would be at 5 p.m.

Knowing how to order in each dining hall is also essential. What I mean by that is, each place has their own ordering system. At Olive and Oil in Southwest, you start by choosing which type of pasta you want, then your sauce, protein and toppings. You can also end up ordering something

that you didn’t even mean to in the first place. An example would be learning the difference between ordering a combo, instead of just a burger and fries. By ordering a combo meal, you also get a drink. Learning how to most effectively order will make your experience much easier when getting food between classes.

Our last, most useful tip is that ordering to share is almost always cheaper than ordering separately. Sometimes a plate can seem too big for just you, or you only want part of it. If your friend wants the other part of it, the best way to go would be to order the plate to share and work out the payment forms afterward. Two examples of this on

campus would be the breakfast platter in 1839 Kitchen, and at 1-5-3 Salads and Soups, where a meal comes with a salad and a soup.

With all these tips and tricks, ordering on campus should be



GRAPHIC BY FIONA WILTON

way easier than before. Getting food should be your break from all the stress and pressure from a day full of classes, clubs and assignments. It’s the time to sit down and unwind while talking with friends, so take advantage of that and give your brain a rest by

making ordering as smooth as a calm sea.

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Ask A Fashion Student:
All things androgynous

Fashion student Nicole Lardner gives a history of Androgynous fashion and how to dress more Androgynously.

NICOLE LARDNER
Fun & Games Writer

“I’m a non-binary person who has no idea how to dress themselves. I typically wear flannels and sweaters, but don’t have any fashion sense beyond that. Do you have any recommendations along those lines for someone wanting to dress a little more androgynous and a little more fashionable.”

First off, I’m so happy you feel comfortable enough to ask this question. Androgynous fashion can have a lot of different meanings. Androgynous and gender-neutral fashion has been around for a very long

time. According to “A History of Androgyny in Fashion,”, written by Oxfords student newspaper, experimentation with gender and fashion has been happening since the 17th century. One of the earliest known pioneers in androgynous fashion was The Chevalier d’Éon, and 18th century soldier and spy for the British Army. d’Eon lived as a man and a woman at different points in their life, dressing in both masculine and feminine clothes. Another early adopter of androgynous fashion was Amantine-Lucile-Aurore Dupin, a female author who often wore jackets and trousers, combining more masculine aspects with feminine accessories, such as her long hair.

The 1900s brought a boom of androgynous fashion, with the industrial revolution allowing for further experimentation. During the 1920s, women began to wear clothing that gave them more of a “boyish” figure and wearing suits became more popularized, thanks to celebrities like Marlene Dietrich. Dieterich often wore suits and pants on and off screen and was widely recognized for her style, partially due to her gender presentation. The 1960s brought a revolution of gender nonconformity, especially in the menswear space. Musicians like David Bowie and Boy George often donned female-presenting clothing and shoes. Within the hippie movement, many men started to grow

their hair out and wear more floral, flowy clothing. The grunge movement supported further experimentation with fashion in pop culture. Nirvana frontman Kurt Kobain wore dresses in many music videos and public appearances. The 2010s and 2020s have seen a large emphasis on androgynous and uni-sex fashion. Popular fashion lines like Marc Jacobs and Gucci started gender neutral lines, and brands such as OneDNA and Telfar are making waves in the fashion world.

I think a huge way of understanding fashion is looking back to the past. When learning how to dress more androgynous, it’s inspiring to have a rich history to look back on. When it comes to buying clothes to dress more androgynous, I immediately had a hard time finding affordable, inclusive and unisex brands. Most brands I found catered towards femme-presenting people wearing more masculine clothing. There is a large gap in the unisex clothing market, which is incredibly frustrating. Your best bet is just mixing clothing from all gender sections, or pairing them in the way that works best for you.

If you want to play around with your gender presentation, different silhouettes, cuts and patterns can make an outfit lean more masculine or feminine. When looking for inspiration, think about some of the

figures I mentioned within my article. High waisted and flowy, looser clothing gives more of a feminine look to your ensemble. For example, look at David Bowie. When leaning into his more feminine side, he would wear more high waisted and colorful pieces. When trying to look more masculine, you don’t have to go full Marlene Ditrich, but having a a more structured silhouette will help you look more masculine. Playing around with both these components can make your outfit look more androgynous. Accessorizing can really help you blur gender lines. Using jewelry such as rings, necklaces and even earrings can make your outfit look more feminine. Even using makeup can help you look more feminine. Mixing in more mens-wear inspired pieces, like blazers, belt buckles and even ties can cause an outfit to also look more masculine.

I hope this history of gender non-conforming fashion and tips has helped you, made you feel more comfortable and has also given you inspiration on how to dress more androgynous.

Want some fashion advice?
Email Nicole at askafashionstudent@gmail.com

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Copy edited by Sterling Sewell and Mary Philip



The Maneater’s May Horoscope

Fasten your seatbelts and get ready for your May horoscope! Read on to find out more about what your sign is up to this month.

BRI DAVIS
Advice Columnist

Aries (March 21–April 19)

You can let go this month, Aries. Let go of all those stressors, those grievances, anything that was bad for you. Recognize that you worked extremely hard these last couple of months and now’s the time for you to breathe. Expect a flow of money to fill your pockets and a burst of energy to socialize with others!

Taurus (April 20–May 20)

Get excited Taurus! Be on your toes this month as you answer a big question, “What is your biggest dream?” Take time out of your day to go outside and revisit those goals that you created for yourself as you prepare for your birthday! Already had your birthday? Go and treat yourself as you begin to explore another year with a new age. May is your time to shine as you grow mentally, physically and emotionally.

Gemini (May 21–June 20)

Expect some free time to show up in your schedule this month, Gemini! Especially towards the end as you think

about birthday celebrations. You’ve been doing a lot and probably just finished up a huge project, right? Well, now you can get back to the things you miss, like a hobby! While you are doing that, make sure to stay aware of ways to improve yourself as you will be spending more time with you, you and you.

Cancer (June 21–July 22)

I’m sorry to tell you this but if a friendship or relationship just ended or feels like it’s about to end, you have to let them go. You can’t let yourself go through this. But have no fear, there’s a light at the end of the tunnel. On the other side, there is healing, money, opportunities and laughter. You will be able to enjoy life how you want this month, so don’t be afraid to take it all in.

Leo (July 23–Aug. 22)

Watch out Leo, the beginning of May might be intense for you, but you will bounce right back. As the month continues, you may find yourself looking forward to getting things done and wanting to do more. Use that to your advantage! Attack something on your bucket list or take an adventure to a place that you’ve always walked past and finally walk through the door.

Virgo (Aug. 23–Sept. 22)

The month of May is for you to rest Virgo, nothing else. You need to take care of your well-being, your mind and your heart. Take this time to rebuild your energy, get more

sleep and enjoy the peace that life can bring. While doing this, you can practice yoga or do mindful exercises like journaling to bring yourself back down to earth.

Libra (Sept. 23–Oct. 22)

If you’ve been struggling with financials Libra, you’ll be glad to hear that it comes to an end during May. While your pockets may be full, you’ll feel extremely lightweight. The strides you make this month will be large and attract all good things into your life.

Scorpio (Oct. 23–Nov. 21)

You are going to be just fine this month, Scorpio. There are so many positive things coming your way! Some things include trying out a new career strategy, becoming more creative with your art and even establishing not only friendships, but romantic relationships as well. You are going to be ready for anything that comes your way as doors continue to open up for you.

Sagittarius (Nov. 22–Dec. 21)

Make room for new tactics, habits and lessons Sagittarius! They are coming at you at full speed and there is no stopping them. Once you do this, it will help you in your relationships and become closer to those you’ve been wanting to know more. With a chill attitude and a positive mindset, you are going to reach your goals in no time.

Capricorn (Dec. 22–Jan. 19)

You may lose a relationship at the beginning of the month but on the bright side, this opens up a door leading to happiness. In May, you don’t need to do anything but just enjoy life. Go to the market, take a walk in the park or spend time with your family. Do anything to treat yourself and make the most of this month.

Aquarius (Jan. 20–Feb. 18)

Pay attention to the messages the universe may be sending you in the month of May, Aquarius. They will be small but hold strong meanings. These messages could be about changes in your job, your private life or in you as a person. Either way, positivity awaits for you and luck is on your side.

Pisces (Feb.19–March 20)

It’s about time you are noticed for the things you are capable of, Pisces. If you have a hobby that you want to get out of the attic or an idea out of a notebook, May is the month to do so. You owe it to yourself! Don’t be scared, you’ve been prepared for a while and there’s no doubt you will be successful. This month, it will be your time to be your authentic self.

*Edited by Ever Cole,
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Behind the scenes of horoscopes at The Maneater

The Maneater Monthly Horoscope has become an integral part of the Fun & Games section and the paper as a whole. What started as a social media feature has quickly turned into a tradition each month for the section, the people need their horoscopes! Horoscope writers gather themes and information from other horoscope sites and put a college twist on it. Whether you live your life based on your star sign or couldn’t care less about astrology, we hope you can find some joy in these horoscopes meant specifically for students.

INTRODUCING THE MANEATER’S 2023–24 EDITORIAL BOARD

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May Crossword: Critters & Creatures

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- EVER COLE**
Fun & Games Editor
- ACROSS:**
- 1. Well-known MU campus critter
 - 8. Plant pore
 - 9. Diet of a certain long-snouted mammal that also happens to be in its name
 - 11. America’s only marsupial
 - 12. Name of Sublime’s dog
 - 13. Cheetahs compared to the rest of the animal kingdom
 - 15. Neighborhood watch organization, Abr.
 - 17. On the line
 - 20. Moniker of 2012 Animal Crossing game with characters like Isabelle the dog and Leif the sloth
 - 25. The dot on dice
 - 27. ‘80s hairdo with a rodent feature as its name
 - 29. Gibbon or orangutan
 - 31. Slang to express disbelief or surprise
 - 32. Lay out in the sun
 - 33. Sound at the beginning of “critter” and “creature”
 - 34. World’s largest rodent
- DOWN:**
- 1. Slow rainforest dweller
 - 2. United States of America, informally
 - 3. “_____ jungle out there”
 - 4. Red in italian
 - 5. Signature on Duchamp’s infamous “Fountain”
 - 6. Modern chair designer
 - 7. Popular card game
 - 9. Opposite of “baja”
 - 10. Sass, in slang
 - 14. Type of disease found in many koalas, Abr.
 - 16. Have to pay back a friend
 - 18. Pond fish
 - 19. Ending for Cray
 - 20. Tidy or cool
 - 21. Little bird known for its singing
 - 22. _____ Sketch
 - 23. You might set one of these out for rats or mice
 - 24. Pink _____ armadillo; the smallest species of armadillo found in Argentina
 - 25. Tissue fold
 - 26. Animal kingdom divisions
 - 28. Website for film buffs
 - 30. Skillet or wok

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